



THE JEWISH THEOLOGICAL SEMINARY OF AMERICA

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Memo

to: Prospective Project Judaica faculty

from: Rebecca Jacobs, Project Judaica

re: Medical matters

- 1) We have been informed that most standard insurance coverage (the JTS policy, for example) applies anywhere in the world. Thus, your current policy would most likely be effective if you see a doctor in Moscow, just as it would at home. To be sure, consult with your carrier or your university's personnel department; if there is a problem, contact us. We will refer you to a company that offers special travelers' policies and reimburse you for the cost of the policy.
- 2) A number of medical facilities in Moscow cater to foreigners, offering westernlevel medical care. The following two have been recommended to us:

American Medical Center: 3 Schmitouskij Proyezd

Telephone: 256-8212/256-8378. After hours phone: 941-6254

This American-owned clinic includes a pharmacy and also offers x-ray and lab

services. Prescription and over the counter drugs are available.

SANA: 2/4 15ese Parkovaia Ulitsa

Telephone 464-4654

This is a French/Soviet joint venture. The doctors do not speak English but interpreters are available.

Good foreign-currency pharmacies are quite common in Moscow.

3) We are purchasing evacuation insurance for all faculty from International SOS Assistance. In case of medical emergency (and SOS assures us that it defines "emergency" very liberally where Moscow is concerned) you will be flown out of the country immediately: you would either be sent back home or to a hospital in another country in Europe where high quality medical care is available. A copy of some of SOS's informational literature is enclosed.

Of course, as you probably already know, travellers to Moscow are generally advised to bring along ample supplies of any over the counter and prescription drugs you or your family may need, including a full course of antibiotics.

We hope that none of this information actually becomes necessary, and that your stay in Moscow will be happy, productive--and very healthy.